

GULF DEFENDER

WING MISSION: TRAIN THE WORLD'S BEST AIR SUPERIORITY TEAM FOR THE AIR FORCE
WING VISION: TEAM TYNDALL - TAKING AMERICA'S PREMIER AIR SUPERIORITY TRAINING INTO THE 21ST CENTURY

Vol. 61, No. 2

Tyndall Air Force Base, Fla. *Gulf Defender*

Jan. 18, 2002

SECAF visits Tyndall, talks top issues

MASTER SGT. ROB FULLER

325th Fighter Wing public affairs

Secretary of the Air Force Dr. James G. Roche visited Tyndall Wednesday touring operations in 1st Air Force and the Continental United States NORAD Region.

Secretary Roche's visit included key operations briefings and a closer look at the part this important mission plays in Operation Noble Eagle.

"I came down here specifically this time to visit 1st AF and talk about Operation Noble Eagle," Secretary Roche said. "The Air National Guard has been covering about 75-80 percent of the burden of Noble Eagle in regard to fighters and tankers." However, the support doesn't stop with aircraft.

In the personnel arena, Secretary Roche said there are almost as many airmen involved in Operation Noble Eagle as the Air Force has added to Southwest Asia to support that area of responsibility.

Although focused on the war on terrorism and discussions of Operations Noble Eagle and Enduring Freedom, Secretary Roche also described the future of air warfare, specifically the role of the F-22 and how it will help the U.S. face future threats.

●SEE SECAF PAGE 6



Courtesy photo

Come and get it

Services airmen deployed from Tyndall Air Force Base to a forward location in support of Operation Enduring Freedom unveil the sign for a new dining facility recently. Providing regular hot meals is an important cornerstone of the services mission both at home and abroad.

Servicemembers see pay raise in January checks

20-year-high military pay raise averages 9 percent

SGT. 1ST CLASS KATHLEEN T. RHEM

American Forces Press Service

Servicemembers will see an average increase of 6.9 percent in their January pay.

"It's the largest pay increase in 20 years," Navy Capt. Chris Kopang, Department of Defense director of compensation, said in a recent American Forces

Information Service interview.

In general, officers will see their pay increase 5 percent, he said, and enlisted servicemembers get a 6-percent boost in their pay beginning Jan. 1.

Several pay grades will see significantly larger increases.

"We have chosen to target the pay raise to certain pay grades that we feel need an extra boost because of retention needs," Captain Kopang said. For instance, officers in grades O-3 and O-4

will receive 6 and 6.5-percent increases respectively.

Noncommissioned officers are also receiving larger raises, Captain Kopang said, with the highest increases — up to 10 percent — going to the highest enlisted grades. Enlisted members in grades E-5 and E-6 will see an average 7.5-percent increase, E-7s an average increase of 8.5 percent and up to 10 percent for E-9s.

Certain lower-ranking grades also will

see increases that have nothing to do with percentages or retention, but to fix inequities in the pay table, he said.

For instance, on the 2001 pay table an E-3 with under two years of service would make more money by going over two years in service as an E-3 than by getting promoted to E-4.

"We thought that sent the wrong signal," Captain Kopang said. "We wanted to send the signal that people should

●SEE RAISE PAGE 4

Team Tyndall members back on track

BRIG. GEN. WILLIAM F. HODGKINS

325th Fighter Wing commander



Last week, I did one of the greatest things a commander can do. I had the honor of recognizing three of Tyndall's finest airmen whose ac-

complishments are too numerous to list and award them STEP promotions. I want to congratulate newly minted **Master Sgt. James Foster**, an award-winning specialist flightline expeditor from the 95th Fighter Squadron, **Tech Sgt. Ruby Williams**, Detachment 1's military pay professional extraordinaire disguised as a staff sergeant for too long, and **Tech Sgt. Peyton Smith**, my work group management expert who has worked miracles for the wing command section. Congratulations! Each of you should be very proud of your achievements. Your skills at work and in the community are a large part of why Tyndall is such a success!

We have a great year ahead of us at Tyndall. Hopefully, the holiday season left you with many great memories, but for some, it may



"We have a great year ahead of us at Tyndall. Hopefully, the holiday season left you with many great memories."

BRIG. GEN. WILLIAM F. HODGKINS

325th Fighter Wing commander

have left you with a few more bills and a few extra pounds. As usual, popular New Year's resolutions include becoming more physically fit and improving financial health. For those whose goal is to improve their fitness or annual cycle ergometry test scores, resources on base, such as the health and wellness center at 283-3826, can help you maintain a healthy lifestyle.

In addition to getting in good physical shape, the base has great programs to assist people with financial matters. Organizing finances in the aftermath of the holidays may seem daunting; however, the family support

center has representatives who can help folks work through and establish financial plans. In fact, next Friday the center will offer a "Reduce Your Debt" class from 11 a.m.-12:30 p.m. Get a jump start on filing your taxes and create monetary goals for yourself. The new year is a great time to develop a strategy to get where you want to be this time next year. For more information on the financial management class, contact our finance professionals at 283-2300.

In line with financial organization, the legal office can assist people in getting their

●SEE TRACK PAGE 3

Action Line

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

Action Line calls are recorded and staffed through the proper agency. The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers. If you're not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the office of inspections, 283-4646. Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

BRIG. GEN. WILLIAM F. HODGKINS

325th Fighter Wing commander

Tax tips

Items excludable from income

As mentioned in last week's tax tip, compensation earned by an active servicemember while on duty in a combat zone is excluded from gross income. If an item is excluded from gross income, this means the federal government does not tax it. Fortunately, the IRS does not consider your Basic Allowance for Housing and Basic Allowance for Subsistence as part of your gross income.

Additionally, you can still deduct mortgage interest and real estate taxes on your home even if you pay these expenses with your BAH. Moving allowances received for moving your household goods and personal items, storage of those items and temporary lodging expenses are not considered as part of your gross income. However, moving allowances that exceed the actual cost of moving, which are not included on your W-2 form, must be reported as gross income on line 7 of Form 1040. The following in-kind military benefits are excluded from gross income: legal assistance, space-available travel on government aircraft, medical/dental care, and commissary and exchange discounts. For a complete list of excludable items, pick up a copy of IRS Publication 3, *Armed Forces' Tax Guide* or log on to <http://www.irs.gov>.

MLK Day more than just 'a day of rest'

GEN. LESTER L. LYLES

Air Force Materiel Command commander

I would never try to recount the story of Dr. Martin Luther King Jr.'s life, or his accomplishments — most Americans are familiar with this already, or certainly will have the opportunity to learn more about this great man from the many historical articles and TV specials presented during our national holiday honoring him.

Instead, I want to briefly reflect on Dr. King's most famous speech — "I have a dream" — which he gave nearly 40 years ago on Aug. 28, 1963.

I was 17 years old on that hot, sultry day and about to enter college in my hometown of Washington, D.C.

I can honestly say I was not a young man with a great social conscience at the time. Yes, I was obviously concerned about the plight of minorities, but I was not fully involved in the equality movement.

The march for equality in Washington, D.C. that day was at first, nothing more than an exciting happening — lots of

people; movie and TV stars; and political dignitaries.

I remember walking down the broad expanse of Constitution Avenue from the U.S. Capitol to the park grounds and reflecting pool by the Lincoln Memorial listening to people singing, "we shall overcome" — watching people marching arm-in-arm like old friends.

What initially stirred my emotions and started me thinking that this was not just a happening, but something truly significant, was when I noticed that this magnificent crowd of 300,000 did not contain just African-Americans — but people of all races and ages; people from all walks of life marching and singing for a cause. This was true integration and equality.

When Dr. King came to the steps of the Lincoln Memorial, a hush slowly descended over the crowd and he began in his deep, melodious, rich tone. With the giant statue of Abraham Lincoln as a backdrop, it was almost as if the president who freed the slaves was pleased at what he was seeing

●SEE MLK PAGE 3

Gulf Defender Editorial Staff

Brig. Gen. William F. Hodgkins 325th FW commander
Capt. Chris Karns chief, 325th FW public affairs
2nd Lt. Serena Custis chief, internal information
Senior Airman Russell Crowe editor
2nd Lt. Ryan Fitzgerald staff reporter
Staff Sgt. Dan Neely staff reporter
Staff Sgt. Roel Utley staff reporter
Teresa Nooney News Herald staffer

The *Gulf Defender* is published by the *Panama City News Herald*, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with Tyndall Air Force Base, Fla. This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the *Gulf Defender* are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense or Department of the Air Force.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the DOD, the Department of the Air Force or the *Panama City News Herald* of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the pur-

chaser, user or patron.

Editorial content is edited, prepared and provided by the public affairs office at Tyndall. All photographs are U.S. Air Force photos unless otherwise noted.

The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL 32403-5425 or emailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000.

●FROM MLK PAGE 2

and hearing; like a fatherly spirit proud of what his Emancipation Proclamation had set in motion some 100 years before.

We've come a long way as a society since that day in 1963, thanks to the unceasing contributions of heroes like Dr. King...some widely recognized and many more

who are lesser known. It is the countless unknown heroes we should strive to recognize and remember during Martin Luther King Jr. Day.

If you are inclined to doubt the success of these heroes, just ponder the current landscape in our nation's senior leadership...Secretary of State Colin Powell, National Security Adviser Condoleezza

Rice, Supreme Court Justice Clarence Thomas, Congressmen and women. The list of luminaries goes on across all walks of life — politics, religion and especially the military.

I hope the upcoming Martin Luther King Jr. Day will not just be "a day of rest." It should be a day of action — a chance to participate in projects that promote the ide-

als of the Declaration of Independence and the Constitution. This national holiday will remind us that Dr. Martin Luther King Jr.'s legacy lives on. His dream has made a difference in our lives — both as a nation and personally.

You too can continue to make a positive difference for today and the future by practicing the ideals of Dr. King.



Tech. Sgt. Cedric H. Rudisill

1950s fueler

A KC-135 Stratotanker pilot from the 405th Air Expeditionary Wing waits for his aircraft to be towed from its parking spot to start the engines Jan. 5 while supporting Operation Enduring Freedom. This KC-135 was built in 1957 and is one of the oldest KC-135s in the Air Force's inventory.

●FROM TRACK PAGE 2

legal affairs in order. One program many folks don't take advantage of because they feel it carries a negative stigma is creating a will. The legal office will hold special hours on Saturday, Jan. 26 to craft wills for members who may not be able to get to the office during regular duty hours. Take advantage of this opportunity. Making a will is just another opportunity to take care of your family and shouldn't be viewed negatively. For more information, contact 283-4681.

This three-day holiday weekend is a great time to get back on track and spend a little more time with family and friends, but remember Monday is more than a day off. We will celebrate the life and legacy of Dr. Martin Luther King Jr., a man who brought hope and change to America. We commemorate the timeless values he taught us through his example — the values of courage, truth, justice, compassion, dignity, humility and dedication. A service will be held at 11:30 a.m. today in Chapel 2 in honor of the contributions of Dr. King.

Enjoy your holiday weekend and please be safe.

●FROM RAISE PAGE 1

strive for promotion quicker.”

In February 2001, President Bush pledged an additional \$1.4 billion to go toward pay raises for servicemembers. He signed the 2002 National Defense Authorization Act, which included the extra money, Dec. 28, 2001. Without this money, Captain Kopang said, members would have gotten a 4.6-percent across-the-board increase at the start of the new year.

Higher raises for NCOs reflect the changing demographics of a more-educated force. Captain Kopang explained the military pay tables are based on the premise that enlisted members are high school graduates. Most of today's enlisted members have some college under their belts. The services strongly encourage members to further their education.

Captain Kopang estimated that up to 40 percent of senior NCOs are college graduates. “We can’t pay them as much as a college degree holder right now,” he said of the senior enlisted grades. The idea, he said, was to bring their earn-

ings closer to civilian counterparts who are high school graduates with some college.

Housing allowance rates have increased as well. In 2001, military members not living in government-provided quarters paid an average of 15 percent of their housing costs out of their own pockets. The DOD is working to ensure the Basic Allowance for Housing covers all of a member's housing costs by 2005.

In 2002, for instance, members will pay 11.3 percent of their housing costs out of pocket on average. Housing allowances are tied to actual housing costs in a given geographic area, so some areas are getting larger rate increases than others.

No rates are going down, though. Captain Kopang said the DOD has implemented individual and geographic rate protection. Even if housing costs decrease in an area, the rates won't go down.

Members will not get a lower rate in 2002 than they did in 2001 as long as they stay at the same duty station, and members moving into an area won't get a lower rate than individuals who live there already, he said.

BASIC PAY - Effective January 1, 2002 ^{2/}															
Cumulative Years of Service*															
Pay Grade	Under 2	Over 2	Over 3	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 24	Over 26
O-10 ^{3/ & 2/}												11,601.90	11,659.20	11,901.30	12,324.00
O-9 ^{1/ & 2/}												10,147.50	10,293.60	10,504.80	10,873.80
O-8 ^{2/}	7,180.20	7,415.40	7,571.70	7,614.90	7,809.30	8,135.10	8,210.70	8,519.70	8,608.50	8,874.30	9,259.50	9,614.70	9,852.00		
O-7 ^{2/}	5,966.40	6,371.70		6,418.20	6,657.90	6,840.30	7,051.20	7,261.80	7,472.70	8,135.10	8,694.90				8,738.70
O-6 ^{2/}	4,422.00	4,857.90	5,176.80		5,196.60	5,418.90	5,448.60		5,628.60	6,305.70	6,627.00	6,948.30	7,131.00	7,316.10	7,675.20
O-5 ^{2/}	3,537.00	4,152.60	4,440.30	4,494.30	4,673.10		4,813.50	5,073.30	5,413.50	5,755.80	5,919.00	6,079.80	6,262.80		
O-4 ^{2/}	3,023.70	3,681.90	3,927.60	3,982.50	4,210.50	4,395.90	4,696.20	4,930.20	5,092.50	5,255.70	5,310.60				
O-3 ^{2/}	2,796.60	3,170.40	3,421.80	3,698.70	3,875.70	4,070.10	4,232.40	4,441.20	4,549.50						
O-2 ^{2/}	2,416.20	2,751.90	3,169.50	3,276.30	3,344.10										
O-1 ^{2/}	2,097.60	2,183.10	2,638.50												
O-3E ^{2/ & 3/}				3,698.70	3,875.70	4,070.10	4,232.40	4,441.20	4,617.00	4,717.50	4,855.20				
O-2E ^{2/ & 3/}				3,276.30	3,344.10	3,450.30	3,630.00	3,768.90	3,872.40						
O-1E ^{2/ & 3/}				2,638.50	2,818.20	2,922.30	3,028.50	3,133.20	3,276.30						
W-5 ^{2/}												4,965.60	5,136.00	5,307.00	5,478.60
W-4 ^{2/}	2,889.60	3,108.60	3,198.00	3,285.90	3,437.10	3,586.50	3,737.70	3,885.30	4,038.00	4,184.40	4,334.40	4,480.80	4,632.60	4,782.00	4,935.30
W-3 ^{2/}	2,638.80	2,862.00		2,898.90	3,017.40	3,152.40	3,330.90	3,439.50	3,558.30	3,693.90	3,828.60	3,963.60	4,098.30	4,233.30	4,368.90
W-2 ^{2/}	2,321.40	2,454.00	2,569.80	2,654.10	2,726.40	2,875.20	2,984.40	3,093.90	3,200.40	3,318.00	3,438.90	3,559.80	3,680.10	3,801.30	
W-1 ^{2/}	2,049.90	2,217.60	2,330.10	2,402.70	2,511.90	2,624.70	2,737.80	2,850.00	2,963.70	3,077.10	3,189.90	3,275.10			
E-9 ^{2/ & 4/}							3,423.90	3,501.30	3,599.40	3,714.60	3,830.40	3,944.10	4,098.30	4,251.30	4,467.00
E-8 ^{2/}						2,858.10	2,940.60	3,017.70	3,110.10	3,210.30	3,314.70	3,420.30	3,573.00	3,724.80	3,937.80
E-7 ^{2/}	1,986.90	2,169.00	2,251.50	2,332.50	2,417.40	2,562.90	2,645.10	2,726.40	2,808.00	2,892.60	2,975.10	3,057.30	3,200.40	3,292.80	3,526.80
E-6 ^{2/}	1,701.00	1,870.80	1,953.60	2,033.70	2,117.40	2,254.50	2,337.30	2,417.40	2,499.30	2,558.10	2,602.80				
E-5 ^{2/}	1,561.50	1,665.30	1,745.70	1,828.50	1,912.80	2,030.10	2,110.20	2,193.30							
E-4 ^{2/}	1,443.60	1,517.70	1,599.60	1,680.30	1,752.30	Notes:									
E-3 ^{2/}	1,303.50	1,385.40	1,468.50	1. While serving as JCS/Vice JCS, CNO, CMC, Army/Air Force CS, basic pay is \$13,598.10 (See note 2).											
E-2 ^{2/}	1,239.30	2. Basic pay for an O-7 to O-10 is limited by Level III of the Executive Schedule which is \$11,516.70. Basic pay for O-6 and below is limited by Level V of the Executive Schedule which is \$10,133.40.													
E-1 4mos+ ^{2/}	1,105.50	3. Applicable to O-1 to O-3 with at least 4 years & 1 day of active duty as a warrant and/or enlisted member.													
E-1 <4mos ^{2/}	1,022.70	4. For the MCPD of the Navy, CMSgt of the AF, Sergeant Major of the Army or Marine Corps, basic pay is \$5,382.90. Combat Zone Tax Exclusion for O-1 & above is based on this basic pay rate plus HFP/IDP.													
Cadets/Mid-shipmen	734.10														

Today in history

1778 Captain James Cook discovers the Hawaiian Islands, naming them the ‘Sandwich Islands’ after the First Lord of the Admiralty, Lord Sandwich.

1836 Jim Bowie arrives at the Alamo to assist its Texas defenders.

1862 John Tyler, former president of the United States, is buried at

Hollywood Cemetery in Richmond.

1916 The Russians force the Turkish 3rd Army back to Erzurum.

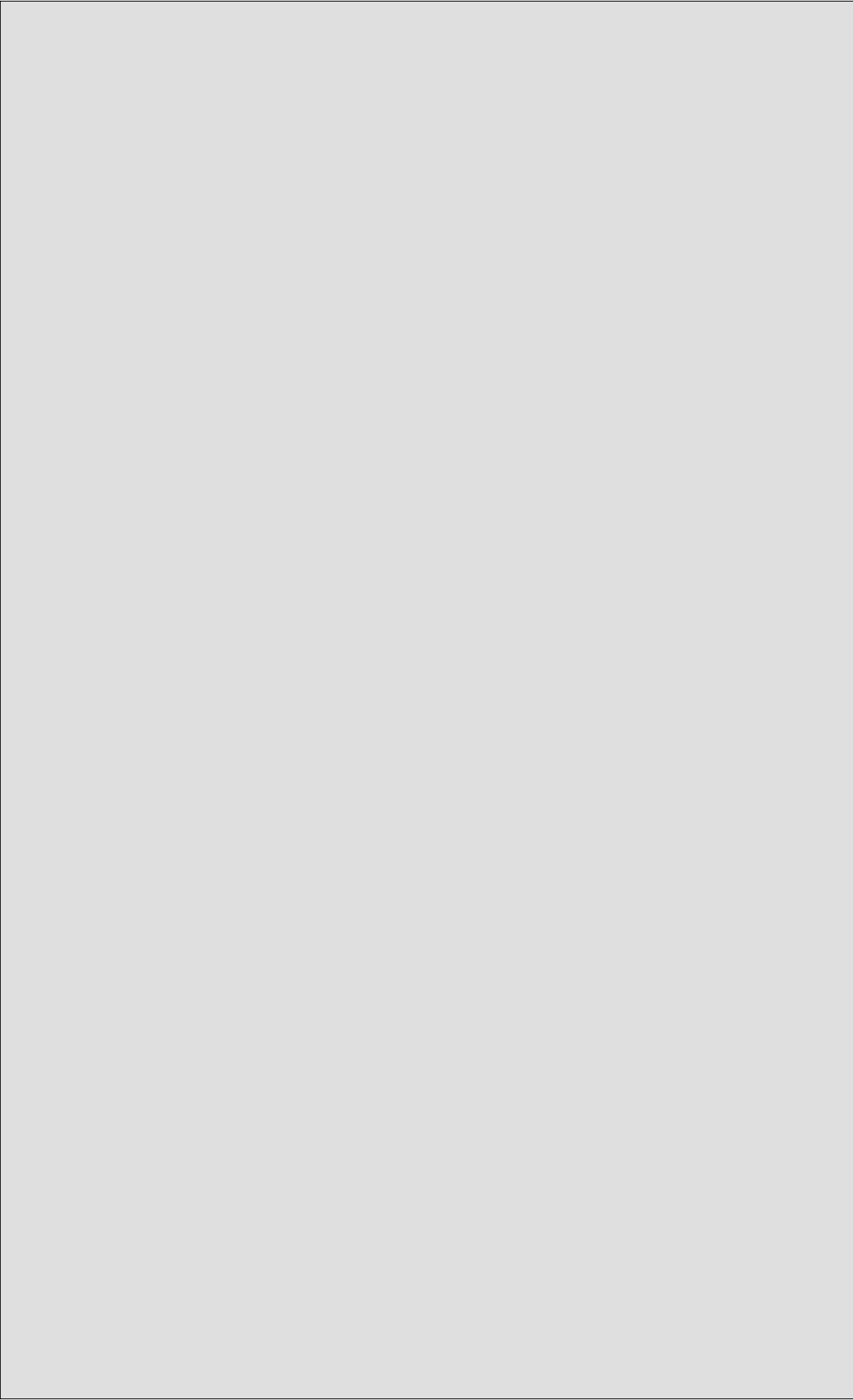
1942 General Douglas MacArthur repels the Japanese in Bataan. The United States took the lead in the Far East war criminal trials.

1945 The German Army launches its second attempt

to relieve the besieged city of Budapest from the advancing Red Army.

1962 The United States begins spraying foliage with herbicides in South Vietnam, in order to reveal the whereabouts of Viet Cong guerrillas.

1991 Iraq starts firing Scud missiles at Israeli cities.



Oysters, sand make local roads slick

KEN JOLLEY
325th Fighter Wing safety manager

When it comes to driving, friction is a good thing, as without it, vehicles have a hard time staying on the road. Here in north Florida where highways are constructed using local materials, there is a high concentration of seashell and sand in the mix that makes asphalt or concrete. The seashell and sand mixture has a high degree of silicon as part of its makeup. The results for you and I are very, very slick roads whenever they get a little wet. I drive a car with very wide, low-profile tires and they are like new. When base streets are wet, the car wants to spin out on sharp turns. I also operate a motorcycle and have found the streets here so slick, that when it rains, I pretty much park the bike.

Recently a base motorcyclist was seriously injured off base when his motorcycle’s rear tire, which was in good condition, broke traction on a curve, throwing the bike off the road and him into a road sign. He had slowed for the curve to less than 25 mph but not slow enough for the slick conditions of the road. He was wearing all the required protective gear without which there is a very strong probability he would not have survived. It will be a long time before he fully recovers.

Last weekend a second motorcyclist on

base learned the hard way that slippery when wet around here means that two wheels, with their minimum tire/surface contact, can give new meaning to the term. He got a fractured wrist when his bike did a sudden unplanned 180-degree turn.

In the Panama City area, base personnel have traffic mishaps for a variety of reasons, but far and away the highest numbers occur at intersections. Recently, several have resulted in injuries serious enough that the mishap required a USAF mishap report and that means our folks are losing time from work. Lost time due to injuries can have a drastic effect on accomplishing the mission. Some of these mishaps correlate to the increase in wet weather and that means slick roads. Lots of folks lovingly refer to the Tyndall Parkway (or 98) as the Tyndall Speedway, and on a daily sampling the average speed of traffic exceeds the posted limit of 45 mph. Forty-five miles per hour is fast enough when the weather is clear due to the road and traffic conditions. But when it gets wet, it gets slick and 45 is too fast.

Our best advice for local driving when it’s wet, is slow down and take it easy. If you own a motorcycle, think about parking it until the road dries out. You might be delayed a few minutes, but that’s a lot better than the alternatives.

BAS changes for dorm residents reflected in pay statements

**COURTESY OF THE 325TH
COMPTROLLER SQUADRON**

Starting in January, military pay Leave and Earnings Statements will reflect the “monthly value” of meal cards (\$241.60); as a gross entitlement for Basic Allowance for Subsistence (BAS). The BAS amount will be offset with a mandatory deduction of \$6.75 per day, whether the meal card is used or not! This

LES change is designed to give visibility of the meal card entitlement to members residing in the dormitories.

Card holders will not incur a loss as a result of this change; however, there may be some concerns/questions as the entitlement will be reflected differently on their LES beginning this month. Members’ “Partial Rate” BAS will fluctuate each month,

depending on the number of calendar days, times the mandatory daily \$6.75 BAS offset. Members with meal cards will receive an average of \$40 partial rate BAS per month.

For example: January 2002 BAS \$241.60 minus \$209.25 equals \$32.35 partial rate BAS.

February 2002 BAS \$241.60 minus \$189.00 equals \$52.60 partial rate BAS.

●FROM SECAF PAGE 1

“There’s a couple of roles in the F-22,” said Secretary Roche. First, the F-22 is such a generational change in fighter-bomber aircraft that it points to potential enemies and says, “You will not be able to beat us in the air, and so therefore don’t try.”

“Secondly, the F-22, by design, also has air-to-ground capabilities which is very important against certain surface-to-air missile systems.”

Secretary Roche related lessons learned in Afghanistan to future roles the F-22 will face: controlling the air over hostile territory. The F-22, with its supercruise, stealth and advanced avionics will be able to distribute forces over hostile territory and work closely with troops on the ground, said Secretary Roche.

“We now know a way forward, so as to return to an era when in fact we can have the Air Force very closely aligned with Army and Marine special forces on the ground and provide a dramatic increase in capability to those forces,” said Secretary Roche.

The F-22 sends a strong message to potential enemies and provides a definite morale boost to friendly forces, according to Secretary Roche.

“To potential enemies it certainly says, you’re going to lose and, if you mess

with us, you will die,” he said. “The F-22 is also a great morale booster for folks on our side. If I were in an intelligence/surveillance/reconnaissance aircraft and knew F-22s were in the area that would protect me, I’d be very pleased. If I was a troop on the ground and knew I had an F-22 with a small smart bomb that we’re trying to develop, I think I’d be very pleased. I think my morale would be a lot better.”

Back in the present, Secretary Roche said the morale and esprit de corps of troops deployed in support of Operation Enduring Freedom is great.

“They’re doing fabulously,” said Secretary Roche, “and they’re coming from all over the country from the total force — Reserve, Guard and active-duty airmen.”

Secretary Roche shared a total force success story about the purchase of lightning targeting pods for F-16s in the Air National Guard. The pods have become one of the heroes of the campaign through their spot tracker that can pick up laser spots from troops on the ground and from Predator unmanned aerial vehicles. Just one example how the total force has really proven itself, the secretary said.

Polk nominated for third star, Sandstrom to command 19 AF

RANDOLPH AIR FORCE BASE, Texas (AETCNS) — Maj. Gen. Steven R. Polk, commander of 19th Air Force, has been nominated for promotion to lieutenant general and reassignment as the vice commander of Pacific Air Forces.

Maj. Gen. James E. Sandstrom has been named to succeed General Polk at 19th AF.

Pentagon officials announced the assignments Jan. 11. A 19th AF change of command ceremony is scheduled for Jan. 24 at Randolph.

General Polk has served as commander of 19th AF since May of 1999. As commander, he is responsible for the day-to-day training of approximately

19,000 U.S. and allied students annually. The students range from entry level flying training through advanced combat crew training, and ultimately become fully qualified aircrew personnel for the warfighting commands. The 19th Air Force is composed of more than 31,000 assigned personnel and 1,800 aircraft in 25 units throughout the United States.

General Sandstrom is currently serving as special assistant to the commander, Air Education and Training Command. He previously was the director of operations for Headquarters U.S. Central Command.

(Courtesy of AETC News Service)



Gen. James E. Sandstrom
Courtesy photo

Scholarships available from Focus 56

STAFF SGT. ROEL UTLEY
325th Fighter Wing public affairs

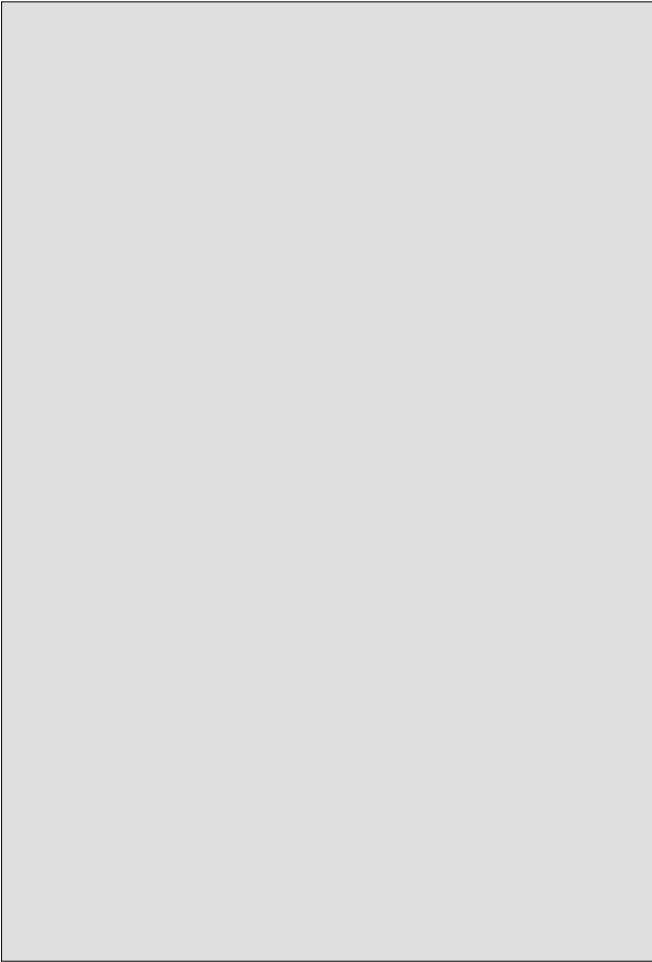
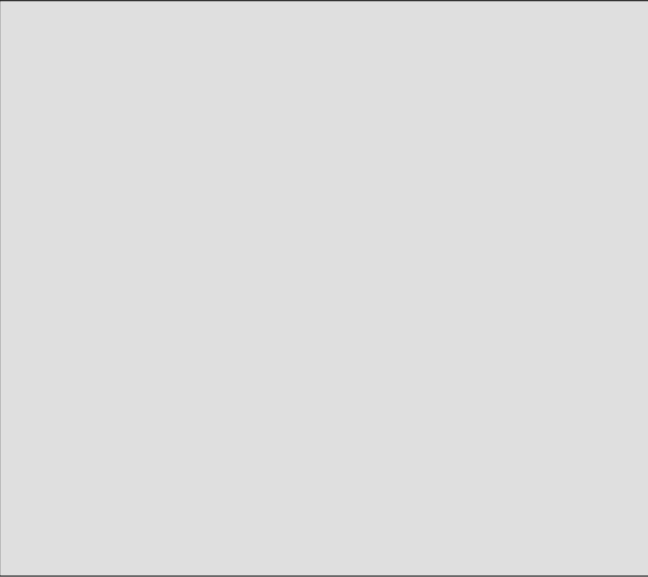
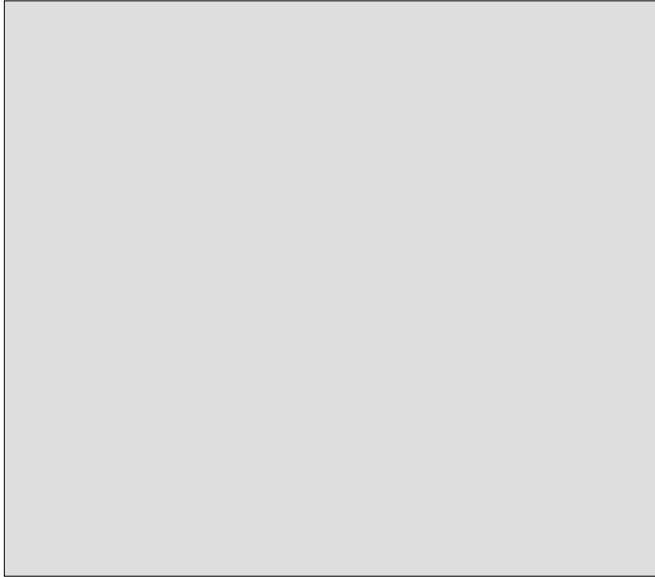
Tyndall’s Focus 56 Association now offers scholarships for technical and staff sergeants as well as senior airmen who are in their second or subsequent term.

The Focus 56 Association is a professional organization made up of technical and staff sergeants that facilitate professionalism and growth throughout

Tyndall’s enlisted force. The association bridges the gap between the Tyndall Active Airmen’s Association and the Top 3 Association.

“We want to be more than just a fund-raising organization,” said Tech. Sgt. Carl West, Focus 56 outgoing president. “Many people (in the staff and technical sergeant grades) are pursuing a degree. These days, a single

●SEE FUNDS PAGE 7



Air Combat Command commander meets the Raptor

LEIGH ANNE BIERSTINE
Air Force Flight Test Center public affairs

EDWARDS AIR FORCE BASE, Calif. (AFPN) — As the leader of Air Combat Command touched down in an F-16 Fighting Falcon chase plane Jan. 8, he had just one word to describe the F-22 Raptor he was tailing — “awesome.” “I never thought I would see this kind of capability in an aircraft,” said ACC

Commander Gen. Hal Hornburg during his very first visit to Edwards Air Force Base Jan. 7 and 8. “It’s very, very impressive.” General Hornburg visited the Air Force Flight Test Center here so he could see first-hand what the flight-test community is bringing to the warfighters he commands. After a series of extensive briefings on the F-22’s capabilities, the general made it clear

he is relying on the flight-test experts to push the F-22 envelope. “When our more inexperienced pilots get their hands on the F-22 they will know exactly what they can and can’t do,” he said. “There is an enormous amount of proficiency and discipline that goes into testing this aircraft. Edwards is top-to-bottom loaded with professionals, and I know they will hand it to us in the best

condition that any aircraft could ever be in.” Besides flying with the F-22 Combined Test Force, General Hornburg was introduced to numerous weapons systems undergoing flight-test and evaluation, including the Global Hawk and the Unmanned Combat Air Vehicle. Maj. Gen. Doug Pearson, commander of the flight test center, accom-

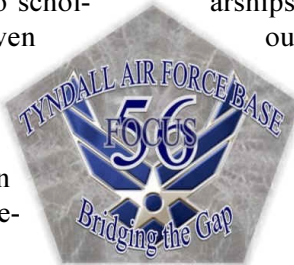
●SEE RAPTOR PAGE 11

●FROM FUNDS PAGE 6

book can run you \$100.”

So the group’s officers got together and decided that they wanted to assist their peers. So they drafted up an application, budgeted the funding and got it all approved.

There are two scholars that will be given technical or sergeants or sergeants or sergeants assigned to Membership in not required to receive scholarship.



ships for \$100 each out quarterly to staff senior airmen Tyndall. Focus 56 is receive the

“Applying for the scholarship is easy,” Sergeant West said. “You just have to answer a few questions to tell us about how you could benefit from the scholarship personally and professionally. We don’t want it in a bullet format. We’re not looking for an (Enlisted Performance Report). The application is available through any Focus 56 member or officer, unit first sergeants or the Focus 56 Web site which is linked to the Tyndall Web site. The deadline to submit an application for the first quarter is March 12.

In brief

Eye appointments available

The Tyndall AFB Optometry clinic has appointments available for all military beneficiaries. Appointments are currently being scheduled for active-duty members, their families, retirees and their families, including non-Prime and Medicare-eligible (over 65 years old). Routine eye care, including testing for glasses and an eye health exam can often be obtained within one week. We can also monitor and treat eye disease such as glaucoma, diabetic eye disease, early cataracts, eye infections and inflammation. Limited contact lens services are also available. To make an appointment, contact the Medical Group’s central appointments line at 283-2778.

Letter From A Birmingham Jail

In the spring of 1963, Martin Luther King Jr. was hauled off to jail in the aftermath of the Birmingham confrontation with Public Safety Commissioner “Bull” Connor and municipal authorities. Beatings, hosings, and the unleashing of vicious dogs could not deter thousands of demonstrating African-Americans from risking serious injury, even death, in peaceful parades into the heart of downtown Birmingham. When King was criticized by a group of white clergymen who blamed him for precipitating the violence, he penned a subdued, but passionate letter of reply to his colleagues, smuggling it out on toilet tissue, the margins of newspapers, indeed any scrap of paper available to him.

“We have waited for more than 340 years for our constitutional and God-given rights. The nations of Asia and Africa are moving with jet-like speed toward the goal of political independence, and we still creep at horse-and- buggy pace toward the gaining of a cup of coffee at a lunch counter. I guess it is easy for those who have never felt the stinging darts of segregation to say ‘wait.’

But when you have seen vicious mobs lynch your mothers and fathers at will and drown your sisters and brothers at whim; when you have seen hate-filled policemen curse, kick, brutalize and even kill your black brothers and sisters; when you suddenly find your tongue twisted and your speech stammering as you seek to explain to your six-year-old daughter why she can’t go to the public amusement park that has just been advertised on television, and see tears welling up in her eyes when she is told that ‘Funtown’ is closed to colored children, and see the depressing cloud of inferiority begin to form in her little mental sky, and see her begin to distort her little personality by unconsciously developing a bitterness toward white people; when you are humiliated day in and day out by nagging signs reading ‘white’ and ‘colored,’... and when your wife and mother are never given the respected title ‘Mrs.’; when you are harried by day and haunted by night...living constantly at tiptoe stance, never quite knowing what to expect next, and plagued with inner fears and outer resentments; when you are forever fighting a degenerating sense of ‘nobodyness’ — then you will understand why we find it difficult to wait.

In your statement you asserted that our actions, even though peaceful, must be con-

demned because they precipitate violence. Isn’t this like condemning the robbed man because his possession of money precipitated the evil act of robbery? Isn’t this like condemning Socrates because his unswerving commitment to truth and his philosophical delvings precipitated the misguided popular mind to make him drink the hemlock? Isn’t this like condemning Jesus because his unique God-consciousness and never-ceasing devotion to God’s will precipitated the evil act of the Crucifixion?

The question is not whether we will be extremist but what kind of extremist will we be. Will we be extremists for hate or will we be extremists for love? Will we be extremists for the preservation of injustice-or will we be extremists for the cause of justice? In that dramatic scene on Calvary’s hill, three men were crucified for the same crime-the crime of extremism. Two were extremists for immorality, and thus fell below their environment. So, after all, maybe the South, the nation and the world are in dire need of creative extremists.

Before the Pilgrims landed at Plymouth, we were here. Before the pen of Jefferson etched across the pages of history the majestic words of the Declaration of Independence, we were here. For more than two centuries, our foreparents labored in this country without wages; they made cotton ‘king,’ and they built the homes of their masters in the midst of brutal injustice and shameful humiliation-and yet out of a bottomless vitality, they continued to thrive and develop. If the inexpressible cruelties of slavery could not stop us, the opposition we now face will surely fail. We will win our freedom because the sacred heritage of our nation and the eternal will of God are embodied in our echoing demands.”

Dr. Martin Luther King Jr.

2ND LT. SERENA CUSTIS
325th Fighter Wing public affairs

It is pretty impressive that Dr. Martin Luther King Jr. is the only man aside from U.S. presidents to have his birthday designated as a national holiday. This international hero won his place in history by making known his dream of equality for all races and giving his life for the cause. Tyndall members took a pause from their work schedules Tuesday to honor the great achievements of Dr. King at a special chapel service. Here are some of their thoughts on what the holiday means to them.

“For me, the holiday is really a time for reflection. Dr. King made it clear to the world that he had goals, and goals give us a purpose for taking on life. I know of no more encouraging fact than the unquestionable ability of a man such as Dr. King to elevate his life through a conscious endeavor. Although constantly misinterpreted, Dr. King relished in serving not just disenfranchised black Americans, but all disenfranchised Americans, a characteristic seldom seen these days. He did not go where the path led, but he went where there was no path, and blazed a trail.”

MR. THOMAS CHATMAN

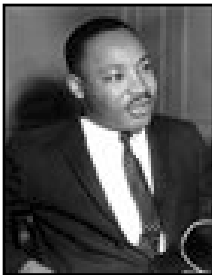
“Martin Luther King Jr. was a man who came before his time. He was previously called a dreamer for his uphill battle against segregation who came before his time. He made major contributions to giving his own life meaning through his background and these great achievements in positions of leadership.

1944
Graduated from Booker T. Washington High School and was admitted to Morehouse College at the age of 15.



1953
Marries Coretta Scott and settles in Montgomery, Alabama.

1955
Joins the bus boycott after Rosa Parks was arrested on December 1. On December 5, he is elected president of the Montgomery Improvement Association, making him the official spokesman for the boycott.



1958
On a speaking tour, Martin Luther King Jr. is nearly killed when stabbed in the chest in the back of a car in Harlem. Met with President Dwight D. Eisenhower, along with Roy Wilkins and Lester Grange on problems affecting black Americans.

1957
King forms the Southern Christian Leadership Conference to fight segregation and achieve civil rights. On May 17, Dr. King speaks to a crowd of 15,000 in Washington, D.C.

1962
During the unsuccessful Albany Movement, King is arrested on July 2.



1963
On Good Friday, April 4, 1968, Dr. King was shot and killed in Memphis, Tennessee, while leading a march for the Poor People's Campaign.

ture oliday – es it mean to you?

“The Dr. King holiday is not just a day off. It’s a day for people to celebrate the diversity of America. Dr. King is an individual who, through a dream, changed the world. Through his ability to speak out, he changed the way Americans look at each other. He made his dream public. In making that dream public, he made people notice. And by making people notice, throughout the years, we’ve made change.”

TECH. SGT. KEITH SKOGLUND

“I always associate the holiday with the ‘I Have A Dream’ speech because it focused on where we have come as a nation in the last 50 years. Martin Luther King is still an important man in today’s society because we still see things that he did back then. We would not be where we are today if it wasn’t for him.”

AIRMAN 1ST CLASS NEELEY YARBOROUGH

Dr. King’s accomplishments opened doors that were closed. He helped ensure through his trials and tribulations and battles that I don’t have to travel such a hard road as the people before me. Through his blood, sweat, and tears he made sacrifices, and in the end, he made the ultimate sacrifice by giving his life to ensure that people of different races and ethnicities have opportunities that were not there before. And because of his accomplishments, he has altered the way of thinking in people and made changes.”

TECH. SGT. ALPHONSO OVERTON

“The Dr. King holiday is a celebration of freedom and peace among races. I’ve learned to look beyond color and things that have happened in the past and I see us all on the same playing field.”

2ND LT. DANA CHATMAN

attacked by an assailant in
Memphis, A. Philip Randolph,

Memphis, Georgia move-
ment and jailed.

Good Friday, April 12, King is arrested with Ralph
Abernathy by Police Commissioner Eugene “Bull” Connor
for demonstrating without a permit.



1964
On January 3, King appears on the cover of *Time* magazine as its Man of the Year.

1963
The March on Washington held August 28 is the largest civil rights demonstration in history with nearly 250,000 people in attendance. At the march, King makes his famous *I Have a Dream* speech.

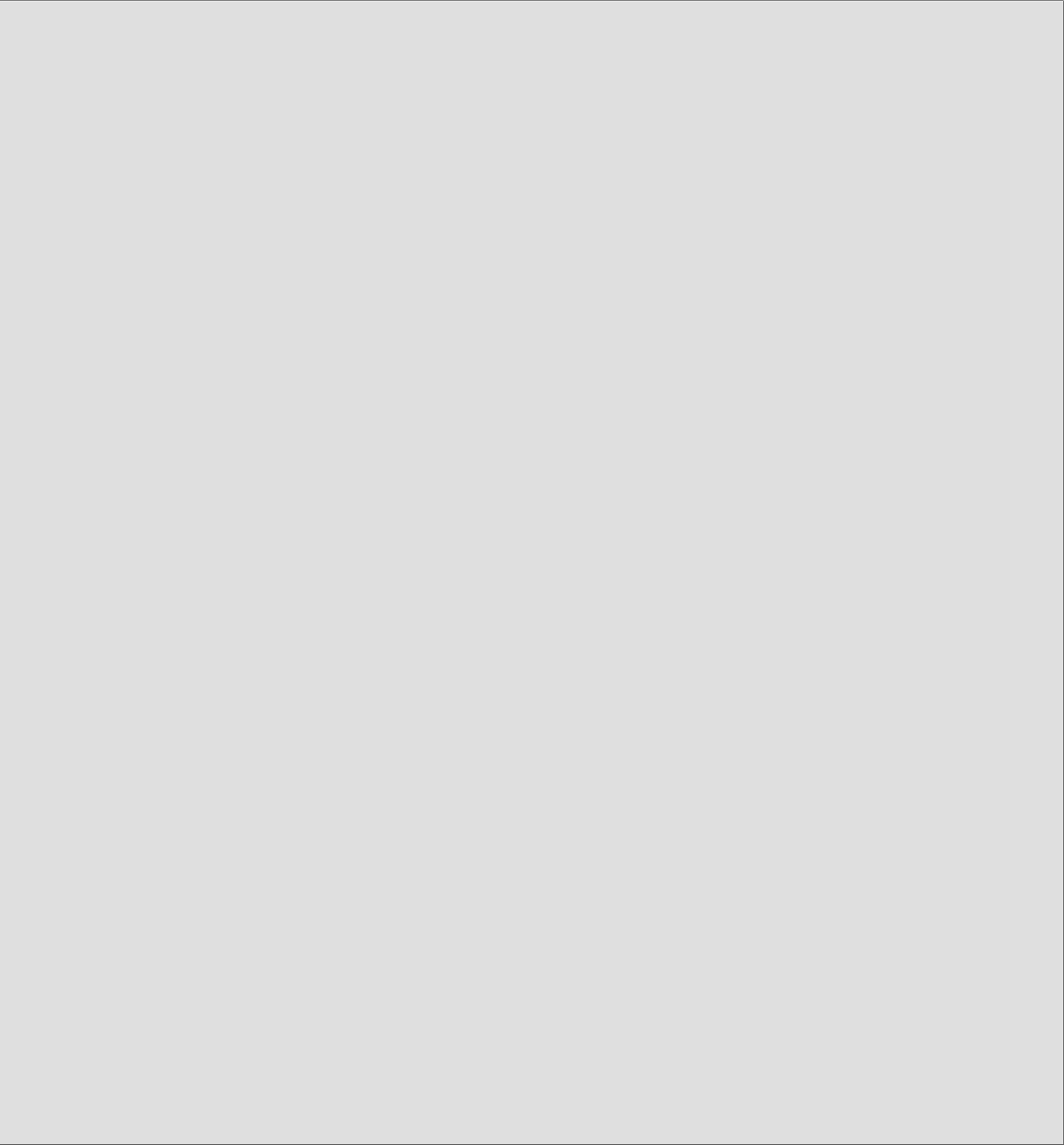


1964
King is awarded the Nobel Peace Prize on December 10. Dr. King is the youngest person to be awarded the Nobel Peace Prize at age 35.

1968
On March 28, King leads a march that turns violent. This was the first time one of his events had turned violent.



1968
April 4, Martin Luther King Jr. is fatally shot while standing on the balcony of the Lorraine Motel in Memphis, Tennessee.



Three wing airmen receive STEP promotions recently



A newly minted **Master Sgt. James Foster**, a flightline expeditor from the 95th Fighter Squadron, has his rank pinned on by Brig. Gen. William Hodgkins and Command Chief Master Sgt. Kevin Hodges. He was one of three airmen to receive a new stripe.

Tech. Sgt. Peyton Smith, a work group management expert in the 325th Fighter Wing command section has his rank ‘tacked’ on by Brig. Gen. William Hodgkins and Chief Doug Sampson.

Not pictured — Tech. Sgt. Ruby Williams, a military pay professional at Detachment 1, 325th FW.



●**FROM RAPTOR PAGE 7**

panied General Hornburg to several of his stops. “It’s important for the people of Edwards to understand the warfighter’s perspective,” General Pearson said. “In turn, it’s important for the warfighter to take full advantage of the expertise we have here at the flight test center.” Throughout the visit, the two generals talked of a new partnership that will serve both the flight test center and Air Combat Command in the future. General Hornburg’s visit to the flight test center is the first of many to come, he said. “General

Pearson and I are going to work together and partner in a way that has not been done before,” he said. The test forces here take aircraft “from the theoretical to the practical and meaningful. The new prototypes that are one day going to be the line of the Air Force all start here,” he said. Yet, few people are aware of the capability this base brings to the Air Force, the general said. Talking about the work being done in support of the Raptor, General Hornburg said, “It’s a moot point for the warfighter to have this aircraft until the test work is completed.”

RAPTOR FACTS

- Improves our flexible, tailored, rapid response force, filling theater commanders’ needs across the spectrum of conflict.
- The F-22 effectiveness minimizes loss of American lives.
- Stealth, supercruise and integrated avionics of the F-22 will give America

the most advanced, practical and potent weapon system for ensuring air supremacy.

- Air-to-air as well as air-to-ground capabilities provides maximum flexibility.
- The F-22 will be able to get to the fight faster and engage the enemy longer.



Capt. Chris Karns

And...action!

Leon Melas, a project founder and cameraman for the CBS ‘American Fighter Pilot’ series, zooms in on Capt. Marc Mathes, a 95th Fighter Squadron F-15 instructor pilot during recent filming on Tyndall’s flightline.

Your link
to what's going on

Gulf

Guide

in the
Tyndall community

JANUARY

FRI

18

Will appointments

The base legal office is currently scheduling will appointments 9-11 a.m. for Jan. 26. The number of appointments available for wills is limited. Prior to the appointment, a will worksheet must be completed at the legal office or on the office's Web site. To schedule a will appointment, call the legal office, 283-4681.

Top 3 meeting

A Tyndall Top 3 meeting will be 3 p.m. today in the Pelican Reef Enlisted Club's Classics Lounge.

MON

21

Commissary holiday hours

The Tyndall Commissary will be closed Monday for the Martin Luther King Jr. holiday. The store will be open Tuesday.

Base exchange holiday hours

The following base exchange facilities will be open at the times indicated on Monday, Martin Luther King Jr. Day: main store, 10 a.m.-5 p.m.; service station, 11 a.m.-5 p.m.; Shoal Point Shoppette, 11 a.m.-6 p.m.; Class Six, 10 a.m.-5 p.m.; Felix Lake Shoppette, 8 a.m.-9 p.m.; Anthony's Pizza, 11 a.m.-4 p.m. All other facilities will be closed.

'Moms, Pops & Tots'

The parent and child interaction play group, "Moms, Pops & Tots," for parents and their under-age-five children meets on Mondays. For more information and meeting locations, call 286-5812.

TUE

22

Coastal navigation course

The Coast Guard Auxiliary Flotilla 16 basic coastal navigation course will be 7-9 p.m. Tuesdays and Thursdays in Gulf Coast Community College's Student Union East building, Gibson lecture hall, Room 231. The course begins Tuesday and ends Feb. 28. For more information, call John Clark, 271-3828, or visit the flotilla Web site at: <http://clik.to/USCGAUXFlotilla16>.

Civil Air Patrol meeting

Civil Air Patrol meetings for boys and girls 12 years old and older will be held 6-8:30 p.m. every Tuesday in Building 852. The CAP offers local and national activities with a focus on educational and professional development. For more information, call Capt. Laura Palm, 283-7594, or Master Sgt. Perry Newberry, 283-4189.

WED

23

Protestant youth group

The Tyndall Chapel's Protestant Youth Group meets 5-7 p.m. Wednesdays at Chapel 2. For more information, call the Chapel 2 office, 283-2925.

THU

24

Palace Chase briefing

Palace Chase briefings for all those interested in the Palace Chase program will be 1 p.m. on the second and fourth Thursday of each month in Room 222 of Building 662. For more information, call in-service recruiter Master Sgt. Bill Beasley, 283-8384.

Antiterrorism training

Mandatory antiterrorism training is provided by the Air Force Office of Special Investigations on a walk-in basis 8 a.m. every Thursday in Building 656. The training will last approximately 45 minutes. Anyone with a permanent change of station or temporary duty assignment to an overseas location who has not received Level-I Antiterrorism training within six months of their departure date is required to receive this training prior to out-processing. Out-processing checklists should be brought to the training session. Military dependents are encouraged to attend. For more information, call Special Agent Doug Hartwell, 283-3261 or 283-3262.

FRI

25

Safe boating course

The Coast Guard Auxiliary Flotilla 19 boating skills and seamanship class will be 7-9 p.m. Tuesdays and Thursdays at the Navy Coastal Systems Station. The course runs Jan. 29-March 14. Students may elect to attend six sessions regarding safety, rules and regulations before taking an examination or take the entire 14-session course, which includes piloting, knot conversion, weather and radio before an examination. There is no charge for the instruction, but a \$35 material charge is necessary for the textbook and study guide. A cut-off date of Jan. 25 has been established for proper security requirements on the Navy base. For more information, call 215-2025.

THU

31

W-2 forms

All W-2s are required to be mailed out by Jan. 31. Anyone who has not received a W-2 by Feb. 15 may go to the finance office's customer service counter and fill out a W-2 request form. The W-2 should be ready for pickup within 24 hours.

NOTES

Lost and found

The 325th Security Forces Investigation's Lost and Found has jewelry, watches, keys, wallets, pagers, bikes, glasses and automatic teller machine cards in their inventory. Anyone wishing to claim lost property can call security forces, 283-2497, between 7:30 a.m.-4:30 p.m.

'Rent' musical

The Pulitzer Prize and Tony Award-winning musical, "Rent" will be performed at the Panama City Marina Civic Center 8 p.m. today and 2 p.m. and 8 p.m. Saturday. Tickets can be purchased at Ticketmaster.com., the Marina Civic Center box office or by phone. Prices range from \$32.50 to \$25. To charge by phone, call (850) 434-7444, (904) 353-3309 or (334) 434-0033.

JSOU education

Joint Special Operations University, established in September 2000, provides intermediate and senior level joint special operations education to Special Operations Forces leaders and other selected personnel. For enrollment information and specific course descriptions, contact the registrar at DSN 579-4731 or (850) 884-4731. Additional information can be obtained at the JSOU Web site: www.hurlburt.af.mil/milonly/usafsos.

Essay and art contests

The Armed Services YMCA is seeking entries from military children for its 2002 art contest and readers' essay contest. Artwork from children in kindergarten through sixth grade depicting their active-duty, Guard or Reserve military families will be accepted. The top art prizewinner will receive a \$500 Savings Bond. The entry deadline is Jan. 28. The essay portion is open to first through 12th graders and offers Savings Bond prizes of up to \$1,000.

The contest highlights the joys of reading. The entry deadline is March 28. For contest guidelines, call (703) 866-1260 or send an e-mail to: essaycontest@asymca.org.

Gulf Coast Salute

Tyndall's Gulf Coast Salute open house and air show will be March 23-24. The show is open to the public with free admission and parking. The United States Navy's Aerial Demonstration Team, the Blue Angels will highlight the event in addition to several military demonstration teams. The show will also feature civilian aerial demonstrations, numerous ground displays, events, children's activities, food and games. For more information, visit the official Web site at: www.gulfcoastsalute.homestead.com or call 283-8579.

Military Mardi Gras ball

The 10th Annual Military Mardi Gras Ball will be 6 p.m. Feb. 2 at the Adam's Mark Hotel, 64 S. Water St., downtown Mobile, Ala. For more information, call Lt. j.g. Laughlin, (251) 441-6333.

RETIREE NEWS

Income tax assistance

Volunteer Income Tax Assistance will begin at the Tyndall Retiree Activities Office Feb. 6 and continue through April 10. The hours will be 9 a.m. to noon on Wednesdays. To make an appointment, call the RAO, 283-2737, 9 a.m.-noon Monday through Friday. Tax return information for 2000 and any forms received for 2001 taxes should be brought to the appointment. For more information, call retired Major Jim Stumpf, 871-1561.

1099-R forms

Military retirees and annuitants can expect their 1099-R forms for tax year 2001 to be mailed to the home address on file with Defense Finance and Accounting Service. Former spouses who are in receipt of pay due to a court-ordered division of community property will also receive 1099-Rs. Retirees in a non-pay status, such as those receiving a full Veterans Affairs waiver or a full Civil Service waiver, will not receive a 1099-R, providing they did not have taxable income during the tax year.

The 1099-R form has three copies of the information on one page, with the form information on the back of the recipient's copy. Box 1 - gross distribution - does not contain gross income, but is the total amount received - or the taxable amount, as shown in Box 2a. For retirees, it does not include nontaxable income such as survivor benefit plan costs. Because the 1099-R is also used to report other types of income, some boxes do not apply to retired pay and annuities. This is why Boxes 2b and 9 will be blank, and Boxes 3, 5, 6 and 8 have been removed from these forms. The remaining boxes have their original IRS numbers and will correspond to IRS instructions for 1040 and 1040-A forms.

Retirees who do not get their 1099-Rs by Jan. 31, who have questions or need to update mailing addresses may contact DFAS at (800) 321-1080. Annuitants should call DFAS at (800) 435-3396. When calling to request a reissue of a 1099-R, be prepared to provide a Social Security Number, date of retirement if a recent retiree and a current mailing address. DFAS-Cleveland will begin processing reissues on Jan. 31. Reissued 1099-Rs should be received approximately seven working days after the initial request. Retirees and former spouses may send written or faxed requests to: DFAS-CL/Code PRR, Box 99191, Cleveland, OH 44199-1126. Annuitants may write to: DFAS-DE/DE/PRRB, 6760 E. Irvington Pl., Denver, CO 80279-6000.

YARD SALES

The following yard sales are scheduled for Saturday: 3131-B Star Circle, 2815-B Falcon St. and 2905-A Beacon Beach Road. All yard sales are held between 8 a.m.-4 p.m.

BASE THEATER

Today: "Not Another Teen Movie" (R, crude sexual content, humor, language and some drug content)

Saturday: "Not Another Teen Movie"

Sunday: "Behind Enemy Lines" (PG-13, war violence and some language)

Thursday: "Behind Enemy Lines"

All movies start at 7 p.m.

CLASSIFIEDS

1993 Toyota MR2, 5 speed, T-tops, CD stereo, AC, alloy wheels, leather interior, PW, PL, cruise control, alarm system. Fast, sleek car, 72,000 highway miles, \$8,000. Call Trish, 276-8235.

Sports briefs

Coaches needed

Men's and women's varsity softball coaches are needed for this season. If interested, submit a resume to Lou South at the fitness and sports center. For more information, contact the fitness and sports center at 283-2542.

Tyndall soccer

The Tyndall Air Force Base traveling soccer club needs players. The club is currently in the second half of the season with 10 games left to play. The team practices from 6:30-8:30 p.m. on Falcon Field near the Combined Activities Club every Tuesday and Thursday (barring holidays). Games are on Sundays at 2 p.m. All interested personnel can contact Dennis Dillenschneider at 872-1908 or Pablo Ledesma at 283-3215.

Walk on the beach

The Panama City VolksSport Club will host a 5/10K walk on Feb. 14 in Perdido Key, between Pensacola and Orange Beach. The walk will start in Perdido Key State Park, Beach Access 2 (the west entrance). The walk can be started anytime between 3:30 and 4:30 p.m. but must be completed by 8:30 p.m. Participants can walk for free if not desiring credit. There is a \$2 charge for those desiring IVV/AVA credit. For more information, contact DJ Moore, 871-2624, or Vicki Bateman, 785-1289.

Healthy weight week

The Tyndall Health and Wellness Center has a Waist-Away challenge for you! Monday through Jan. 25 is "Healthy Weight Week," and to kick off the week, we'll be challenging you to a three-month body fat-loss competition. Here's what you need to do to begin: Find a team of three people and develop a team name; call the wellness center at 283-3826 to make body fat appointments for all team members; begin your nutrition and exercise program...you can enroll in a class at the wellness center to help get you started; at the end of the three months, have body fat measurements re-accomplished for all team members at the wellness center; winning teams will win wonderful prizes.

Intramural basketball standings

Intramural League									
RHS	5-0	0	1.00	CONS	2-3	3	.400		
WEG	5-0	0	1.00	SFS	2-3	3	.400		
95 FS	4-1	1	.800	MSS	2-3	3	.400		
COMM4-1	1	.800		OSS	2-3	3	.400		
2 FS	3-1	1.5	.750	MXS	1-4	4.0	.200		
ACS	2-3	3	.400	MDG	1-5	4.5	.167		
83 FWS2-3	3	.400		1 FS	0-5	5	.000		
Over-30 League									
MSS	5-0	0	1.00						
1 FS	3-1	1	.750						
CONR	3-2	2	.600						
LSS	1-3	3	.250						
ACS	1-3	3	.250						
OSS	1-3	3	.250						
SEADS	1-3	3	.250						

Tigers extend conference streak to 10

Tyndall Tigers currently tied for second in SEMAC basketball action

COURTESY OF THE TYNDALL
TIGERS

The Tyndall Tigers Men's Varsity Basketball Team extended their conference winning streak to 10 games as they traveled to Valdosta, Georgia this past weekend and swept the host Moody Falcons in Southeastern Military Athletic Conference, action last Saturday and Sunday.

Tyndall-135, Moody-131 (2OT)

In Saturday's game, it took the Tigers 50 minutes to finally cage the Falcons as the two squads combined for an incredible 266 points. The Moody squad was determined to avenge the two losses (89-76 and 88-64) that they had suffered earlier in the season at Tyndall. The two squads played crowd-pleasing fast-break basketball with Moody enjoying the lead for the majority of the first half before the Tigers, behind Israel Figueroa and Redd "the Franchise" Batiste who both scored 16 first-half points went on a run to close the half with a 57-53 lead. In the second half, Tyndall controlled the action as the Tigers built leads of at least 10 points on numerous occasions, only to see the Falcons fight their way back into the

contest. With 4 seconds remaining in regulation, Tyndall enjoyed an 108-106 lead, before Eddie Dawkins broke free to tie the score at 108-108 to force overtime. In the first overtime Marcus Baucom scored eight points including two free throws with 10 seconds remaining to knot the score at 121-121 to force a second overtime. In the second overtime, Marvin Gamble scored six consecutive points to stake the Tigers to an eight-point lead which they hung onto for the win.

Batiste (28 points, 11 assists, 13 rebounds) and Baucom (24 points, 10 assists and 11 rebounds) led stellar performances by several Tigers as they both had the rare triple double. Israel Figueroa scored 27 points, followed by Gamble with a season-high 25, and Malik Taylor scored 13. Gamble led in rebounding with a season-high 14, and Tarrance Garner and Scott Moore had 10 rebounds each. Eddie Dawkins led Moody in scoring with a game-high 50 points.

Tyndall-95, Moody-85

On Sunday, Tyndall jumped out to an early 11-2 lead only to see the Falcons fight their way back to trim their deficit to two points, 48-46, at the intermission. Malik

Taylor fueled the Tigers in the first half with 11 points (three 3-pointers). In the second half, Tyndall raced out to a 10-point advantage early in the half only to see Moody fight back to within four points 63-59 with 11:20 remaining, but the Tigers refused to give up the lead as they thwarted every attempted rally by the Falcons to take the 10-point victory.

Redd Batiste led a balanced Tigers scoring attack with 18 points; followed by Marvin Gamble with 15, Israel Figueroa with 14, Marcus Baucom with 13; Malik Taylor with 11 and Scott Moore and Tarrance Garner with 10 points each. Gamble and Figueroa led in rebounding with 12 and 10 respectively and Batiste led in assists with 10. Eddie Dawkins led Moody in scoring with a game-high 38 points.

The two victories over Moody improve Tyndall's conference mark to 10-6, tied for second place with Fort Benning. The Tigers are tentatively scheduled to participate in the M. L. King Jr. Basketball Tournament this weekend at Eglin AFB, Fla. Next weekend Tyndall will host the two-time defending SEMAC Champions, the Commandos from Hurlburt Field.



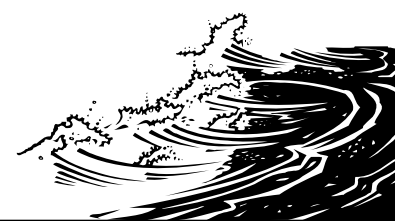
The torch

Retired Col. Frank E. Herrelko Sr. (right) gets passed the Olympic flame for the start of his leg of the 2001 Olympic Torch Relay in Washington recently. Herrelko, who is 88 years old and a World War II veteran, shared his leg of the torch relay with a Korean War vet and a Vietnam War vet.

Photo by Tech. Sgt. Jim Varhegyi



Funshine NEWS



January 18, 2002

This page is produced by the 325th Services Marketing office, 283-4565.

Sports Page Pizza Pub All-You-Can-Eat **Pizza Buffet: \$4.75**

Monday & Thursday
10:30 a.m. - 1:30 p.m.

Includes drink, salad bar,
and a variety of hot, fresh pizza
Call 283-3222 for more information.

Skeet & Trap

☎ 283-2499

Squadron Sports Days

The range is available for squadron sports days. Prior arrangements can be made through Wendy at 283-2499.

Family Child Care

☎ 283-2266

Volunteers Needed

We are currently recruiting persons who are interested in supporting our armed forces by providing child care for shifts or weekends. Also needed are individuals willing to provide care for infants and children with special needs. Call for more information.

New Provider Training

Register now for orientation and New Provider Training. Classes begin Jan. 23. Contact the Family Child Care office for additional information.

Information, Tickets & Travel

☎ 283-2499

Orlando Attractions Tour

January 24-27: Choice of parks includes: Walt Disney World, Universal Studios, or Islands of Adventure. \$225 per person, double occupancy. Full payment due January 18.

Let Us Help You...

Call 283-2864 for all your airline, hotel and rental car needs.

Bonita Bay

☎ 283-3199

Winter Boat Rental Rates

Stop by Bonita Bay and rent a boat for half price, not including fuel. Call for details and availability.

Vet Clinic

☎ 283-2434

Holiday Hours

Closed Fri., Jan. 21.

Graphic Impressions

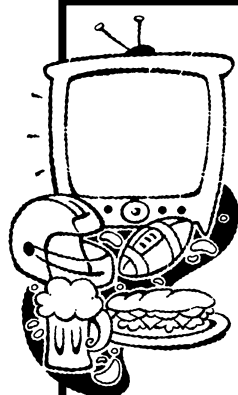
☎ 283-2228

Business Cards

Your photos or color logos can be included on our Full Color cards for just \$20 per 200.

Color Copies Special

Every Friday 8 1/2" x 11" color copies are just 65¢ each.



ALL RANKS Super Bowl Sunday

at the CAC
Pizza Pub Feb. 3
4 p.m. until...

283-3222

The Marina Club
now offers Pizza on
Friday Nights, 5-8 p.m.
Carry out or Dine-In
Call 283-3059
for more information.

Let the Fitness Ctr.
Help you loose those
unwanted holiday pounds!

FREE Aerobics Classes

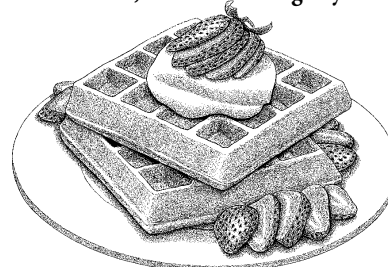
- Mon. - Fri.: 9 a.m., noon, & 5 p.m.
- Sat.: 10 a.m.

Call 283-2631
for more
information



Don't miss the All Ranks O' Club Super Sunday Brunch! January 20

Menu Includes: Omelets made to order, Belgian waffles, sausage, bacon, hash browns fresh fruit, muffins Danish, and biscuits & gravy



283-4357

Community Activity Ctr.

☎ 283-2495

Tae Kwon Do Class

Get in shape and learn self defense.



Pelican Point Golf Course Sweetheart Couples Tournament February 10, 2002

Shotgun start at noon
Format: 2 person best ball
Wine & Cheese tasting after play
Deadline for signups: Noon, February 8
For more information call: **283-4389**

Tyndall Fitness Center

MUSCLE BEACH 2002

March 30, 2002

Competition begins at 10 a.m. Weigh-ins begin at 8 a.m.
This competition is open to all Active Duty, Reservist, DOD employees, Government Contractors, Retirees, family members and all local residents.
Participants must be 16 yrs. of age or older.

Events Include:

- Power Lifting: Bench Press, Squat & Dead Lift
- Bench Press

Register by Mar. 15, 2002

For more information call 283-2631.



Youth Center

☎ 283-4366

2002 Baseball & Softball

Registration Jan. 14-Feb. 8

Open to all youth ages 5-14 yrs old. Early signup is advised. Coaches needed.

SPECIAL FREE Baseball Clinic

Saturday

Jan. 26th, 1-3 p.m.

By

GCCC Commodores
baseball coach,
Darren Mezaroski and staff

For

all youth 9 yrs. old and older

Plus

interested coaches or parents

Call 283-4366

for more information



Capt. Chris Karns

Come sail away

Lt. Col. Jerry Kerby, 325th Operations Support Squadron, and crew participate in a regatta at the Fort Walton Yacht Club Sunday. The colonel came in third place in his division.

‘Silent disease’ plagues more than 3 million

RICHARD ZOWIE
12th Flying Training Wing public affairs

RANDOLPH AIR FORCE BASE, Texas (AETCNS) — It’s a painless, chronic disease that currently plagues 3 million Americans. Half of those with this disease, which has no known cure, don’t even know they have it.

This disease, glaucoma, is also known as the “silent disease” since it slowly deprives a person of sight without any noticeable signs.

The Glaucoma Research Foundation reports that glaucoma is the second leading cause of blindness in the United States and the leading cause of preventable blindness. Approximately 120,000 Americans are blind due to glaucoma.

The foundation also reports that African-Americans suffer glaucoma six to eight times more frequently than Caucasians. Glaucoma is also the leading cause of blindness among African-Americans, including baseball star Kirby Puckett.

Glaucoma, the foundation reports, is actually a group of diseases that limit or eliminate vision by causing damage to the optic nerve. This nerve carries images

from the eye to the brain. The most common form of glaucoma is Primary Open Angle Glaucoma.

With this disorder, the eye’s drainage canals become clogged and can’t properly drain. As a result, the intraocular pressure within the eye rises. A person suffering from this form of glaucoma will eventually lose their eyesight if the problem isn’t diagnosed or detected.

Lt. Col. (Dr.) Greg Young, Randolph Clinic’s optometry flight commander, said glaucoma doesn’t initially affect a person’s color or fine vision. He added people with 20/20 or even 20/15 vision could still have glaucoma.

“We highly recommend that at-risk people have glaucoma exams more often than others,” said the doctor. “At-risk people include African-Americans, people over 40 and those with a family history of glaucoma. If we target those who are high-risk, we can detect and treat it earlier. These are the people we want to screen for glaucoma every year.”

For more information on glaucoma, people should call or visit their optometry clinic.

